

CRAFT Lunch and Learn

What is CRAFT?

Community Reinforcement Approach and Family Training (CRAFT) is a behavioral program designed to help concerned significant others (CSOs) engage treatment refusing substance abusers into treatment. CRAFT teaches the CSO how to use their intimate knowledge of the substance abuser to motivate and increase the chance of the substance abuser entering treatment. CRAFT research has shown that almost 70% of people who use the program get their substance abuser to attend treatment.

How CRAFT Helps CSOs:

- Teaching them to modify their usual behaviors, reactions, and expectations towards the Identified Patient (IP).
- Reducing or eliminating current substance use and addictive behaviors in the IP.
- Helping to motivate the IP to seek treatment.
- Showing them the importance of self-care as they manage concerns with the IP to maintain or rebuild feelings of happiness.



Upcoming CRAFT Lunch and Learns

These events are FREE and open to the community. They are offered at either 12:00 pm or 6:00 p.m. and will be held at Stepping Stone at 4001 John Street in Evansville.

February 13: Enriching Your Own Life

April 10: CRAFT overview/ Impact of Addiction on the Family

June 12: Understanding Your Loved One's Addiction

August 14: Positive Communication

October 9th: Using and Withdrawing Positive Reinforcement

December 11th: Natural Consequences of Using Behavior

Call 812.473.3144 by the Friday before each CRAFT Lunch & Learn event to RSVP.

A boxed lunch will be served.

Event Sponsors

Friends of Mental Health
Creating a Foundation for Our Community

Southwestern